

Christian Brothers Services

Health & Benefits

HAWA Healthcare



Health As We Age

Where Wellness Meets Healthcare Enabling Healthier and Happier Lives

The medical trusts administered by Christian Brothers Services (CBS) have partnered with Health As We Age (HAWA) to help our members realize their wellness potential and to place them in control of their health and fitness goals. HAWA provides access to a new generation of healthcare, and makes it more accessible than ever thought possible. This program is available at **no cost** to members and their enrolled dependents in the CBS health plans.

State-of-the-Art Medical Testing

The HAWA Healthpoint Checkup is a comprehensive, 34-test lab panel, personalized action plan creation along with educational resources. There is also an optional post-test consultation with a HAWA healthcare professional and expedited follow-up for those with high-risk results.

Health Coordination Services

HAWA nurses and healthcare coordinators are available to support ongoing education, goal-setting and creation of the personalized Plan of Action to drive meaningful change.

Device/Wearable Data Integration

Members can integrate their device/wearable data into the Virtual Healthcare System, or purchase one at a discount through our affiliate program.

Pharmacy Services

Supported through HAWA U, members can access discounts/coupons and compare medication prices to find the most affordable options.

HAWA Connect

Members can stay engaged through an interactive communication platform that allows instant messaging and ongoing dialogue with healthcare professionals, reminders of available programs and services and push messaging to encourage active participation.

HAWA Health eProgram

A monthly themed communication providing members with timely tips and tools related to different aspects of health and wellness. It contains a wealth of educational resources, suggestions for health-related apps and social media outlets to support your daily interactions.

HAWA U

A repository of health related data including blogs, medical data and other valuable information to help members pursue a healthier life. It contains a wealth of educational resources, suggestions for health related apps and social media outlets to get members the information they need when they need it most.

Medical History

The HAWA Virtual Healthcare System provides a convenient way for members to store, update and share their medical history with the Healthcare Professionals they choose. Information is stored and shared utilizing safe and secure, HIPAA compliant methodologies.

HAWA Health Records

Members can conveniently store all of their health records in one secure place. Labresults, X-ray scans, immunization records or any other health-related document can be uploaded into a confidential HAWA Health record account, and members can choose to share this information with any Health As We Age provider for review or a second opinion.

Plan of Action

HAWA nurses and healthcare coordinators are available to support education, goal setting and creation of a personalized plan of action to drive meaningful change.

HAWA Perks

An interactive incentive program to keep members excited and on track. Activities can be completed in the HAWA virtual Healthcare System or through our other initiatives.



CHRISTIAN
BROTHERS
SERVICES

hawa

For more information on this new benefit or to schedule a HealthPoint Checkup contact HAWA at 855.888.7006 or email your request to support@healthasweage.com